

tracking a noise

so we have a noisy toy for your little one to do some tracking of. Your little one's sense of hearing is their most developed at birth (that is why they are able to do their hearing test when your baby is only a few hours old) so we can't make it any better, but what we can do is help them by exposing them to lots of different noises and help them with directional noise.

So I want you to hold it over to one side, let's see if we can get your little one to turn their head in response to the noise. Turning their head is a motor skill and motor skills take lots of practice so this is an activity to repeat at home. Then hold it over the other side.

Open up little hands, let them feel and touch the toy, support their hand and do a little bit of shaking.

For our older ones, let them feel and touch the toy, and see whether you can encourage them to do the shaking, if they are doing it mostly in one hand, see if you can encourage them to shake it in their other hand.

Where there are 2 toys - see if you can get them to shake in both hands and next stage is to bring them both into the centre and clap the toys together, this works both sides of their body and brain together.