

# Shake, Rattle & Roll

Our shake, rattle & roll showcases some of our music toys and encourages lots of hand eye co-ordination, gross motor skills and fine motor skills. Our first section features toys which our little ones can shake, rattle & roll.



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## equipment for led play

mini baby shakers

two texture toy

rolling bell toy

## led play

1. rub, rub, rub

2. mini baby shaker - perfect for little hands to hold. For our younger babies we are doing tracking with the shaker, holding it over to one side to encourage them to locate the noise. Our older babies will enjoy holding and shaking the shaker. Encourage them to use the shaker in both hands.

3. create a two texture toy from a chiffon and a link - encourage parents to let their babies feel the link in one hand and the chiffon in the other. Encourage shaking and tracking. Go over the benefits of links (single colour toy, texture of link, easy to hold, great for hand to eye co-ordination, easy to sterilise, etc.

4. rolling bell toy - for younger babies holding the bell toy over eyelines and encouraging parents to roll the centre section of the toy so that it moves, brilliant for tracking. For our older babies we are looking for two handed holding, shaking and some rolling of the centre section.

5. tummy time

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break

exploratory play

Three sensory play areas

Shake area - lots of toys that we can shake including links, rainmakers, baby bells, wooden baby rattles and homemade shaker bottles, inflatable stereo and music instruments Please advise parents not to let their little ones put the bottles in their mouths.

Music sensory basket - inflatable instruments and ribbons for tracking

Roll area - pop up sensory ball pool, add some different textures to create an interesting space. Ball pool can take a maximum of 4 babies at any time.

calming cuddle

notes

safety warnings please to ensure that little ones are supervised by their parents at all times and that they keep them in eye sight and arms reach.

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## packing list

led play

baby shakers x 20

wooden rattles x 20

balls to roll x 20

Shake area - soft space

duvet

any colour fabric - one not used recently

shaking toys - rainmakers, maracas, egg shakers

sensory bottles

Rattle area - sensory basket

any toys that rattle

soft, plush,

two handed bear rattles (see picture)

Inflatable music instruments

Roll area -

Ball pool

1 x bag of balls