

Under the sea

Under the sea is a fun week with lots of different textures for the little ones to enjoy. Toys are colourful, there are lots of different fabrics and things for them to hold, touch and look at.

We have 3 exploratory play areas, a fish tank (soft space) with lots of fish to discover & sea creature area with lots of shapes and textures. We bring everyone together at the end to do a group activity.



Under the sea

equipment for led play

blue and aqua chiffons

Nemo finger puppet

led play

1. rub, rub, rub

2. row, row, row your boat - a great motor activity. Hold baby around core if they have head control (please watch for parents holding their little ones arms and correct them to hold around their trunk) if they don't have head control we are reclining their baby and supporting their neck. First verse we are moving gently back and forth, second verse side to side and repeat. Prompt the parents of older babies to move slowly and tilt their little one so their arms comes out to support them (we are wanting them to develop a motor response when their eyes and balance are telling them they are tilting as this is great for when they are walking, lots of practice helps) repeat if twins in class to ensure that everyone gets rocked.

3. Chiffon scarves - two shades of blue chiffon scarves for parents to create waves in front of their little ones eyeline. Lots of tracking, keeping them moving. If their little one looks away let them and come back in their own time. Let them hold and touch the chiffon. Also use for peek-a-boo.

Under the sea

4. nemo finger puppet - nemo is a great contrast toy, when we are thinking about our little ones seeing in light and shade, the puppet is great with its bold stripes. Take it on a journey past your little one's eyeline, lots of zooms towards noses and s shapes. For our older class it is hand- eye co-ordination and lots of tickles. Make sure that parents hold onto the puppet not their little one.

5. Tummy time

exploratory play

Three sensory play areas

Sea creatures on blue fabric - Blue fabric, sea creatures, links, star and musical instruments. Dolphin, whale and seagull puppets.

Fish tank (soft space) - fish finger puppets, crabs, whales, and fish shakers on blue fabric with netting. Great opportunity for tummy time.

Fish blocks - shakers, fish hats and links.

group activity

Fish canope - remove the duvet/soft space from the middle of the room and ask parents to lie their little ones on the mats, while stretching the canope over. Use calming bubbles when the canope is lifted.

calming cuddle

notes

Under the Sea

Timings approx - 20 minutes first half, 5 minute break, 25 minute second half

keep babies in eye sight and arms reach for all activities, supervise with all toys.

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packing list

blue, aqua, white chiffons x 20

Nemo finger puppet x 20

Fish tank (soft space)

dark blue fleece blankets

duvet

fish & crab finger puppets,

whales,

blue net

seagull hand puppets

fish shakers on blue fabric with netting.

sea creatures on blue

dark blue fleece blanket x 2

plastic sea creatures & blocks

nemo, dory

Music area

fish hats

links & star links (blue)

blue music toys

fish shakers

Maracas & bells

Fish canope

Bubble machine