

GLOW

Glow is an exploratory play week where we focus on our light toys. There are lots of different textures, sounds and light toys to explore.

We still follow our little ones natural cycle to play, rest & play so we need to prompt parents to do two exploratory play areas spending 10 minutes on an area, to take a rest, and then do another two areas. Little ones can find visual activities really tiring so prompt parents to be very baby led and look for little one's signals about when they need a break.



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led play

rub, rub, rub

Explain that there are four different exploratory play areas for them to enjoy with their little ones. Light toys are very visual so to take regular breaks and be very baby led as visual activities can be tiring for little ones.

Four areas

Silver area - light up stones on silver blanket, music toys, glitter toys, pompoms, links and starlinks. Lots of different textures in this area, let their little ones feel and touch the toys. Encourage them to lie on the space blankets.

White or Black Sensory tent - light domes, stars and light tubes and glow in the dark balls. Please prompt to take off shoes in the dome, maximum of 6 people at any one time. Will need to swap regularly to ensure everyone gets a turn. The tent can get warm so lift up sides to help with ventilation.

LED ball pool - ball pool and white/see through ball pool balls. Ensure that there are enough balls to cover the bottom, not putting too many in so babies are still getting lots of information from the floor about where their body is in space.

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led play continued

Moon & stars mat - Fibre optics, glow cubes. Please ensure that warning is given that it is plugged into the electrics and that the light source shouldn't be handled. Please ensure that links and starlinks aren't put in this area to prevent them being placed around strands.

calming cuddle

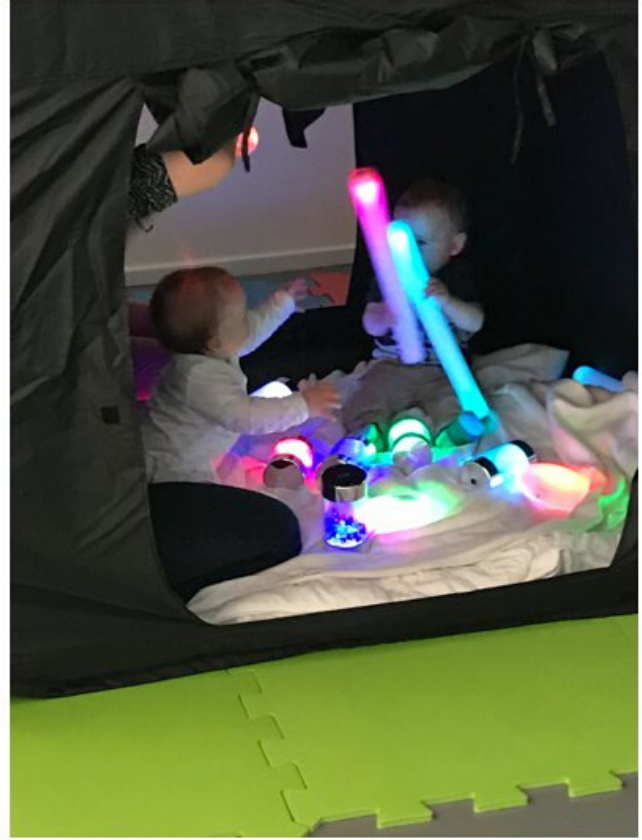
notes

Timings - introduction & rub rub rub, 20 minutes, 5 minute break, 20 minutes, calming cuddle

Please prompt parents to monitor little ones at all times. Foam tubes should not be put in mouths and parents are in charge of light domes, not to shine lights directly into eyes.

With room lighting being dimmed, please monitor that toys remain on play areas and not in areas around play spaces as trip hazards

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example packing list

Four areas

Silver area -

light up stars &
stones

silver shiny stones on the silver mats,
silver space blankets

Sensory tent

duvet

white blanket

light domes,

star finger puppets

light tubes

glow in the dark balls.

Soft space -

duvets

cushions to relax

ceiling projector

bubble tube

plastic toys - links and starlinks,

chiffons and lots of lovely soft textures.

Music area -

rattles,

glow rattles and light up tambourines alongside some regular music
toys.