

rainbow themed activities



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Our rainbow activity theme is in appreciation of our NHS staff and all the keyworkers who are keeping us all well and safe and also for pride month, celebrating diversity and love. We have put together some rainbow inspired activities and we'd love to see your photos from your adventures with your little one.



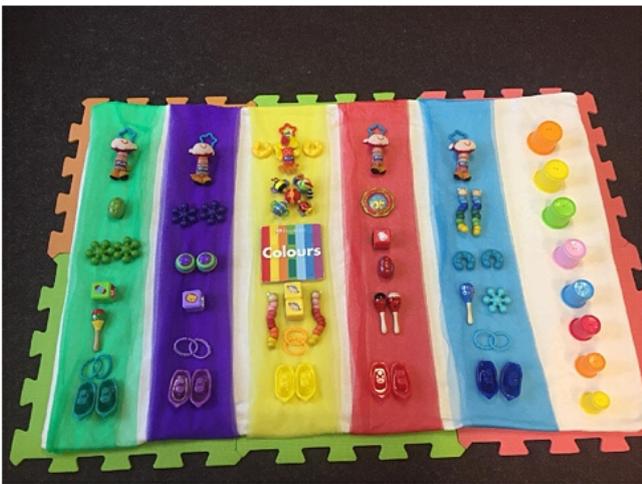
Safety first - These activities are suggestions of how to engage your baby in play. They need to be carried out with adult supervision and you taking full responsibility for your baby during play. Please ensure that your little one is supervised with the toy at all times. Keep your little one in arms reach and eye sight when they are playing.

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mission

rainbow play spaces



Dig out your single colour or rainbow inspired toys to create a rainbow play space for your baby. While we create larger spaces to accommodate lots of little ones you can replicate this easily at home.

Pop down a base fabric then pop on a fabric which is a different texture and colour. Dig out any single colour toys, fabrics, music toys, books or props that you have to create an interesting multi texture playspace. We'd love to see what you create!

rainbow music toys



Colourful music toys are really engaging for our little ones. The toys that you are able to see through too especially so and even our tiniest babies can enjoy watching the beads or bubbles move around in a rainmaker, shaker or a sensory bottle.

We've posted some pictures of some of our favourite music toys that would compliment a lovely rainbow theme. It is really easy to create your own sensory bottle like ours above by taking an empty and dry bottle and filling it with beads, water beads, lentils, rice and peas or colourful paper.

No mess painting



No mess painting is an amazing way to increase the textures into play without the risk of paint going near a mouth. It is an amazing tummy time activity and great for taping down to high chair tables to give our sitting babies an opportunity to explore too.

There are a couple of printable rainbow designs included in this printable that you can print on paper or cardboard (use very little paint if it is on paper)

No mess painting

Pop your printed design in a ziplock bag and squeeze small amount of paint onto the design. Secure the bag and tape down if necessary to ensure that the paint stays securely away from your baby. Ikea bags are amazing as they have double seals and they are a bit thicker if you have them to hand.

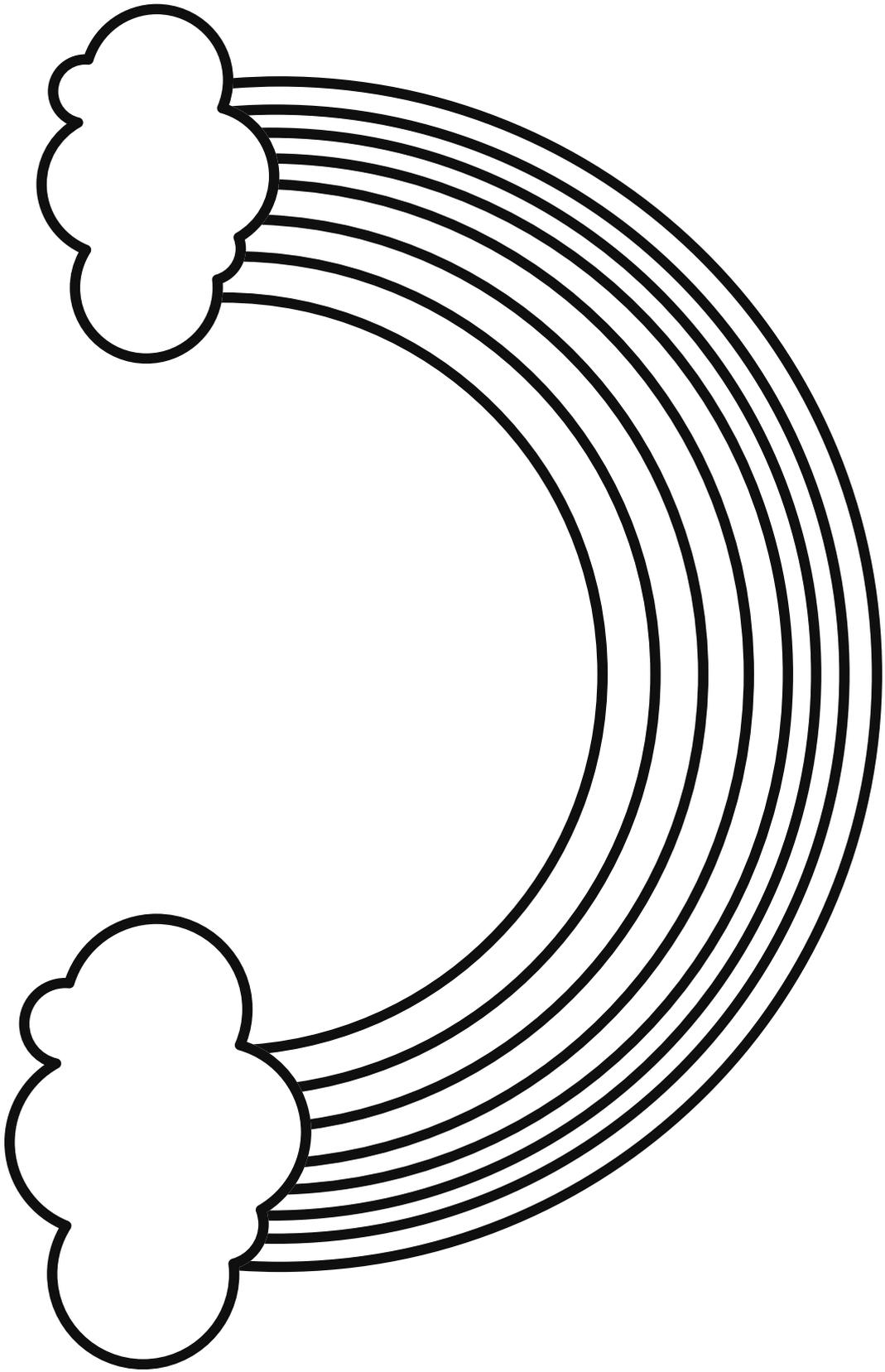
Pop the bag down on a safe surface and encourage your little one to hold, touch and move the paint around, let them explore the different texture in their hands. For our youngest ones tummy time is an amazing way to do this and for our older ones sitting to paint, tummy time or taping the bag to their high chair works well.

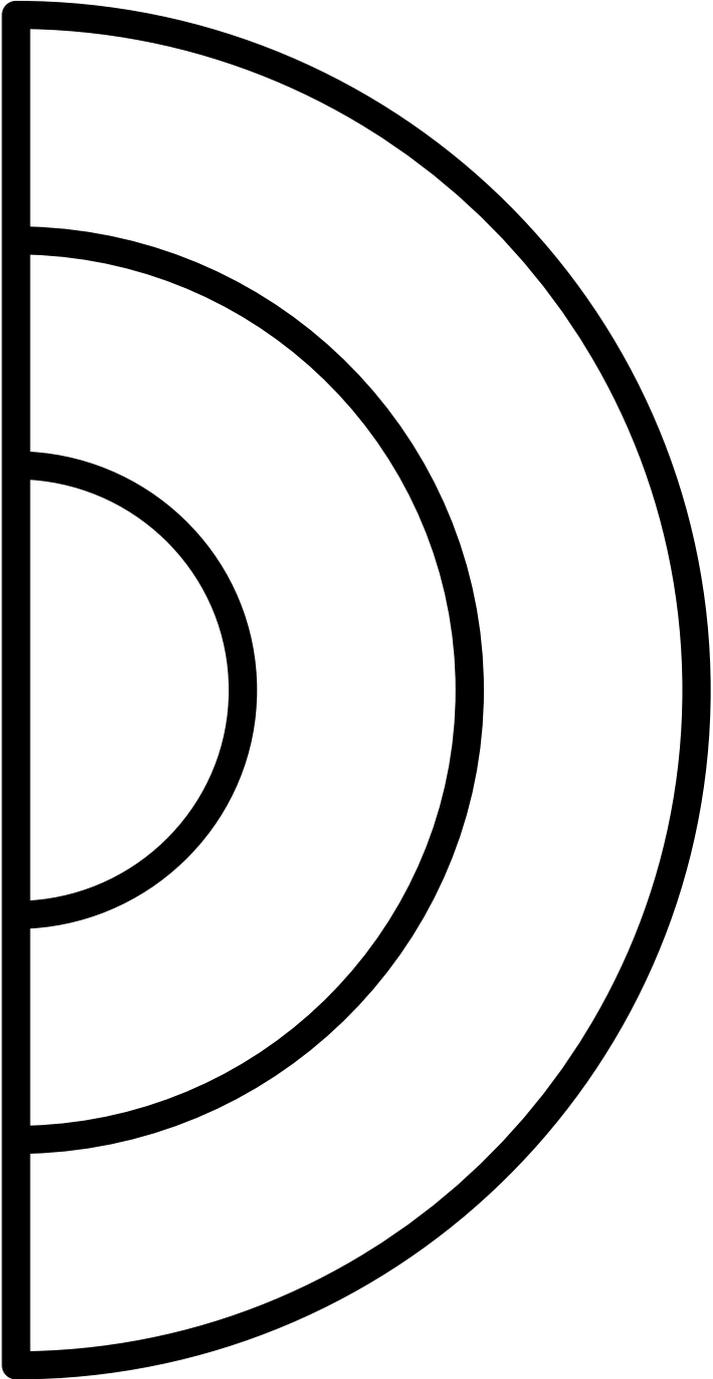
Once the design is covered in paint, carefully cut the bag down the sides and remove the painting, pop it on some paper and leave out to dry. Baby's first piece of artwork!

For our older babies and our toddlers, you can make it a messier activity by finger painting, hand painting and using brushes or cotton pads to transfer the paint (amazing for introducing extra textures)

It is a great activity to get siblings involved with too!







ribbon two texture toy



Two texture toys are amazing for our little ones, they are great to hold and a great way to ensure that our babies are experiencing two textures at the same time. Ribbon toys are amazing and you can buy ready made ones or make your own using smooth wooden rings (wooden curtain rings with metal screw removed, wooden teething rings or napkin rings) and ribbons looped on if you are creative. You can also use a link (we love bright starts lot of links) and loop a chiffon on.

When you are playing with your ribbon toy, try and get your little one to track, to shake, practice their hand-eye coordination, balance and to feel the ribbons in one hand and the hoop in the other. Check out our full rainbow ribbon printable in the members club. Never leave them unattended with a ribbon toy.

rainbow ball pool



Rainbow ball pools are a great way of introducing texture, visual development, with the balls each being single colour, and an amazing opportunity to work on their motor skills. Our favourite ball pools are pop up ones, that easily pack away and inflatable ones which can double as a little texture tub or paddling pool.

When popping the balls in make sure that you have just one layer of balls in the ball pool so your baby is still getting lots of information from the floor about where their body's are in space. Too many balls can be overwhelming and as your little one is 'suspended' they are getting confusing signals from their muscles and joints about where their body is in space which can be difficult for them to manage. This is suitable for lying, tummy time and sitting and it is also a great opportunity to add additional textures into the pool.