

Covid guidance

As we return to in person classes, we have reviewed our safety policies to ensure everyone's safety in attending our in person sessions, we have updated our risk assessments and are working with our venues to ensure that classes can run as safely as possible.

The safety of our parents, little ones and class leaders are extremely important to us and we have reviewed and put into place the following controls which will be regularly reviewed in line with our venue guidance and in response to government guidance.

- All adults are required to wear a masks when walking through any communal areas of the venue. You are welcome to remove your mask when on your mat
- Mats will be spaced at least 1m apart where practically possible.
- Any mats, cushions or blankets provided in the classes will be sanitised/washed between uses by the class leader (You are more than welcome to bring your own if you are more comfortable with this).
- Mats will be wiped for every session
- Hand sanitiser and wipes will be provided for parents / guardians use for additional cleaning of mats etc. if so desired.
- Please bring a towel with you for baby to lie on
- Refreshments will not be provided during our sessions, you are welcome to bring your own cold drinks in suitable containers.
- Ventilation will be facilitated where possible, whilst ensuring the room temperature is practical for our little ones.



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- You should not come to class if you have any Covid-19 symptoms or have been in contact with anyone who has Covid-19 or have been in contact with anyone who has been advised to shield etc. Please contact us and we will rearrange your session
- You must respect any Coronavirus control measures of the venue and the Government Guidelines on safe distancing measures.
- If for any reason a class cannot go ahead in-person the class leader may need to deliver the class online (Please note we are unable to offer any refunds in these circumstances)

We look forward to seeing you in-person and would like to reassure you that we have taken every precaution necessary.

If you have any questions at all please email us at hello@thesensorysessions.com, we hope that we are able to welcome you along to play soon.

